



### CME AGENDA

All sessions unless otherwise indicated, will be in **Royal Palm Ballroom**

#### Friday, June 30, 2023

8:00 AM – 8:15 AM

**Welcome/Announcements**

8:15 AM – 9:15 AM

**Occam's Razor Revisited: Medication, Mentation, and Mobility- Geriatric Syndromes**

Ariel Cole, MD, FAAFP, CMD; Brianna Wynne, MD

**Learning Objectives:**

- Recognize geriatric syndromes as a result of multicomplexity in a patient with impaired reserve
- List the effects of medications, mentation, and mobility on falls in older adult
- Address fall risk with the goal of reducing falls in older adults

9:15 AM – 11:15 AM

**Florida Mandatory: Domestic Violence (2 hours)**

*This presentation satisfies the State of Florida mandatory requirement*

Naomi Flock, MD, MPH

**Learning Objectives:**

- Identify the number of patients in their practice who are likely victims of domestic violence and the number who are likely to be perpetrators of domestic violence
- List screening procedures for determining whether a patient has any history of being either a victim or a perpetrator of domestic violence
- Provide patients with information on, or refer such patients to, resources in the local community that provide legal aid, shelter, victim counseling, and/or child protection services

11:15 AM – 12:15 PM

**Non-CME Lunch (AstraZeneca)**

12:50 PM – 1:00 PM

**President's Welcome/Updates:** Christy Cavanagh, MD

1:00 PM – 2:00 PM

**Elder/Vulnerable Adult Mistreatment**

Ariel Cole, MD, FAAFP, CMD; Brianna Wynne, MD

**Learning Objectives:**

- Discuss the types of mistreatment of adults: physical, sexual, psychological/emotional, financial, and neglect
- Differentiate disease processes or normal signs of aging from signs of injuries
- Establish management and intervention plans when elder abuse is suspected



FLORIDA ACADEMY OF  
FAMILY PHYSICIANS  
SUPPORTING FLORIDA'S FAMILY PHYSICIANS

**Family Medicine Summer Forum 2023**  
Boca Raton Resort & Club, Boca Raton, FL  
June 30-July 2, 2023

**Friday, June 30, 2023**

**2:00 PM – 3:00 PM**

**Postpartum Depression**

Christy Cavanagh, MD, FAAFP; Rose Anne Illes, PhD

**Learning Objectives:**

- Differentiate between mental health conditions that manifest in the postpartum period
- Describe medical and psychological interventions for treatment of postpartum depression
- Identify social determinants of health that may negatively impact patients with postpartum depression

**3:00 PM – 3:15 PM**

**BREAK**

**3:15 PM – 4:15 PM**

**Autism Spectrum Disorders in Children**

Ann Klega, MD

**Learning Objectives:**

- Identify symptoms or behaviors that may alert the family physician to the need for target ASD screening
- Compare and contrast evidence-based ASD screening tools
- Decide when to use management strategies like applied behavioral analysis, cognitive behavior therapy, medical management, and CAM therapies

**4:15 PM – 5:15 PM**

**Anxiety: A Fresh Look**

Karim Hanna, MD

**Learning Objectives:**

- Describe the epidemiologic manifestations of anxiety
- Utilize the diagnostic criteria for anxiety disorders Provide reasons to treat anxiety and its co-disorders
- Implement treatments for anxiety based on evidence-based guidelines.
- Describe the effectiveness of non-pharmacological treatments for anxiety

**5:15 PM – 5:20 PM**

**Day 1 Wrap-Up/Announcements**

**5:30 PM – 6:30 PM**

**Welcome Reception (“Disco” Theme)**

**Saturday, July 1, 2023**

**7:00 AM – 9:00 AM**

**ABFM KSA Study Group: Health Counseling & Preventive Care (2 hours)**

Ashley Falk, MD; Jennifer Keehbauch, MD

*(additional fee; advance registration required; onsite registration not available; in-person participation only)*

**Room:** Estate I, II

**7:00 AM – 7:45 AM**

**Non-CME Breakfast (Novo Nordisk)**

**8:00 AM – 8:15 AM**

**Welcome/Announcements**

**8:15 AM – 9:15 AM**

**Journal Article Review**

Hailon Wong, MD

**Learning Objectives:**

- Discuss the current state of knowledge with reference to literature
- Determine findings of the articles/studies
- Interpret results and their potential to impact daily practice

**9:15 AM – 10:15 AM**

**SGLT2 Update - What aren't they good for?**

Robert Vandervoort, PharmD

**Learning Objectives:**

- Discuss the role of SGLT-2 inhibitors in the prevention of CV-events, the progression of heart failure, and the preservation of kidney function in patients without diabetes
- List the metabolic effects of SGLT-2 inhibition on body weight and blood pressure
- Make decisions on the use of SGLT-2 inhibitors for cardiorenal protection in non-diabetic patients in accordance with existing evidence and current guidelines

**10:15 AM – 10:30 AM**

**BREAK**

**10:30 AM – 11:30 AM**

**An Evidence Based Update for Hospitalist**

Andrew Buelt, DO

**Learning Objectives:**

- Implement updated evidence from 2022 articles into hospital based patient care.
- Review approach to critically analyzing scientific articles and journals applicable to hospital medicine

**11:30 AM – 12:30 PM**

**LUNCH**

**SPECIAL INTEREST GROUPS (SIGs) – Room:** Addison West

Topic 1: Urgent Care (Facilitator: Tracey Davidoff, MD)

Topic 2: Hospital Medicine (Facilitator: Andrew Buelt, DO)

**12:45 PM – 1:45 PM**

**Connective Tissue Disease Update**

Eddie Needham, MD, FAAFP

**Learning Objectives:**

- Identify the major symptoms and risk factors for connective tissue disorders
- Differentiate between systemic lupus erythematosus, dermatomyositis (DM), scleroderma, and other conditions with similar symptoms
- Counsel patients on treatment regimens to manage symptoms to include first-line medications like methotrexate for rheumatoid arthritis and hydroxychloroquine for SLE



# Family Medicine Summer Forum 2023

Boca Raton Resort & Club, Boca Raton, FL  
June 30-July 2, 2023

## Saturday, July 1, 2023

**1:45 PM – 2:45 PM**

### **PRP - What's the 411? Platelet-Rich Plasma in Musculoskeletal Medicine**

John Gross, MD, FAAFP

#### **Learning Objectives:**

- Define Platelet-Rich Plasma (PRP) and the science behind its clinical applications
- Identify the clinical utility of PRP in various conditions based on the understanding of current literature
- Apply critical thinking skills with the PRP information learned to discern effectiveness of PRP treatments

**2:45 PM – 3:00 PM**

### **BREAK**

**3:00 PM – 4:00 PM**

### **Asthma - Updates to Catch Your Breath**

Eddie Needham, MD, FAAFP

#### **Learning Objectives:**

- Compare and contrast the 2020 NAEPP and 2022 GINA guidelines for the care of asthma
- Using GINA 2022 guidelines, employ ICS-formoterol as the preferred option in treating steps 1-2 asthma in adults and children > 12 years old
- Recognize and refer high risk patients to pulmonology care

**4:00 PM – 5:00 PM**

### **Gout and Not Gout**

Ted Farrar, MD, FAAFP

#### **Learning Objectives:**

- Describe the prevalence, risk factors, and clinical features of gout
- Utilize an evidence based clinical predication model to accurately diagnose gout
- Recognize how to formulate an individualized treatment plan, including dietary advice

**5:00 PM – 5:05 PM**

### **Day 2 Wrap-Up/Announcements**



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## Family Medicine Summer Forum 2023

Boca Raton Resort & Club, Boca Raton, FL

June 30-July 2, 2023

### Sunday, July 2, 2023

7:50 AM – 8:00 AM

**Welcome/Announcements**

8:00 AM – 9:00 AM

**7 Tips for Family Physicians to Treat Obesity**

Nicholas Pennings, DO

**Learning Objectives:**

- List the health consequences of obesity
- Recognize the multiple factors that influence obesity
- Utilize the 4 pillars of obesity treatment

9:00 AM – 10:00 AM

**Urgent Care Tricks of the Trade**

Tracey Davidoff, MD, FCUCM

**Learning Objectives:**

- Remove a ring stuck on a finger at least 3 ways
- Control a bleeding finger and repair with minimal effort or anxiety
- Repair a scalp laceration without sutures or staples
- Have 3 or more new tricks that will allow you to keep patients out of the ER

10:00 AM – 10:15 AM

**BREAK**

10:15 AM – 11:15 AM

**Diabetes**

Nicholas Pennings, DO

**Learning Objectives:**

- Describe the relationship between obesity and diabetes
- Discuss the role in insulin resistance and hyperinsulinemia in diabetes and obesity
- Apply a metabolic and weight management approach to the treatment of diabetes
- Apply effective treatment approaches that address both obesity and diabetes

11:15 AM – 12:15 PM

**Connecting with Your Purpose**

Amaryllis Sanchez-Wohlever, MD, ACC

**Learning Objectives:**

- Reflect on factors that influence our sense of meaning and purpose in medicine and contribute to our effectiveness in practice
- Describe mindsets and actions that enable physicians to lead more effectively despite the many challenges they face
- List three specific changes to incorporate in daily practice to be more efficient, less stressed, and lead more effectively

12:15 PM – 12:20 PM

**Wrap-Up/Final Announcements**